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laser & cosmetic medicine

February Favourites

To help counteract the winter 'blahs', with the hopes of lifting your spirits, and maybe even some sagging skin, we thought you might be inspired to treat yourself to something special. Here is a list of 'February Favourites' for the 2011 winter blues....

1. **LATISSE** ...at long last! Latisse allows you to finally grow luxurious eyelashes, longer, thicker and darker in two months...
2. **ZELTIQ COOLSCULPTING**the novel non-invasive way to reduce fat, using a patented cooling technology. The results are clinically proven and noticeable within two months, leaving a beautiful, natural look. Bye-Bye Bulges!

3. PERFECTING POWDER by GLOMINERALS, a supremely light mineral make-up product to soften your daily appearance. You won't want to leave home without it....literally.

4. PLATINE by VivierSkin, the latest innovation from Vivier, featuring Peptide CR Eye Crème, Peptide CR Complex and Peptide CR Crème. This premium family of products is formulated with advanced peptide technology, Vitamin C and Retinol. Platine will restore skin vitality for a complexion that is youthful and radiant. It is a perfect compliment to the other Vivier topicals.

5. The new RIVERSOL T-plus Protective Serum, which delivers the same gentle, hypoallergenic Riversol ingredients but with an added dose of long-lasting vitamins to further combat the appearance of wrinkles, discoloration and other signs of aging.

6. VIVIER skin TRIPLE PROTECTION MOISTURIZER SUNSCREEN SPF 30, a wonderful companion for your winter get-aways, extending the benefits of your laser treatments and reducing the risks of the Holiday sun.

VIVIER's Replenishing ULTRA REJUVENATING MASK is an especially lovely treat afterwards....

7. PALOMAR 1540 Fractional LASER THERAPY, the first FDA-approved treatment for stretch marks, with very impressive results for scars of all sorts, be they post-surgical, post-acne or post-traumatic.

8. The RESTYLANE line of products for volume and contour enhancement of facial features, now available with LIDOCAINE to significantly diminish the discomfort at the time of injection. This is

a revolutionary change in non-invasive facial enhancements, particularly of cheeks, jowls, and around the mouth. The results are frankly marvellous!

9. BOTOX, still the sweetheart of many, it is still doing the trick for both the unwanted 'growl', as well as hyperhidrosis (undesirable and excessive sweating).

We will be involved in many charity events this season, including the Snowflake Ball, The Spring Bling Fashion Show fundraiser for the Queensway-Carleton Hospital, and the FurBall for the Ottawa Humane Society, to name a few. Silent auction items at these affairs often include your favourite products from KJD-MD, so if you plan to be in attendance, please consider supporting these worthy causes through some generous bidding at the auction tables. Educational talks are on the agenda for a few professional women's groups, including 200 very dynamic Business Women of Eastern Ontario in early March, and the Ottawa Women's Dental Study Club, which has graciously invited me to join the 50 members as guest lecturer at Le Nordik, and I promise, we WILL be working while dipping in those hot tubs!!

We will be away for the 2011 School Break, March 10-21 inclusively, and I will be attending the American Society of Laser Medicine and Surgery Annual Conference in Dallas, Texas from March 30th - April 3rd. If you have any pressing social engagements requiring my 'input', please keep these dates in mind so as to avoid disappointment.

Hopefully, your winter has been as enjoyable as ours....and for those who were off celebrating Family Day, we hope it was enriching and uneventful.....

See you all soon, and on behalf of Judy Doyle,
Cheers for now,

Dr. Karen J. Dover, M.D.