



Happy January!

2015 arrived with its predictable storm, but hopefully you have gotten your bearings since....

It's always daunting to address a new year, with all our hopes and dreams lining up in our hearts and minds....

Based on the incredibly positive energy coming across the threshold at KJD-MD, 2015 is shaping up beautifully.

I am repeatedly amazed, impressed, and inspired by the human resilience, determination and courage which I witness daily.

The general wisdom and creativity of those I treat is remarkable. Heartfelt kudos to all....

CoolSculpting is a January favourite, providing trimming and slimming in those hard-to-address areas of unwanted fat.

As an incentive to get you going on your 'personal design' plans, the 'January Freeze' is in effect this month, with a \$50 savings per cycle of treatment.

As well, consultation fees for CoolSculpting are fully refundable if treatment follows within the month.

This is available to you and your friends and family, so if you have been toying with the idea of CoolSculpting, or you have someone in mind who would like to venture into the aesthetic arena, this just might be the time to investigate the options.

As always, we are here to help you address your cosmetic concerns with a combined scientific and artistic perspective, in hopes of achieving your very best expectations.

Here's to the multi-disciplinary approach.....

It's another beautifully clear and crisp day in the National Capital, so whatever your choice January activity, be it CoolSculpting, schussing, or cafe-hopping, may you do it with the vim, vigour and joy that befits you....

Happy 2015!

Cheers,

KJD-MD