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laser & cosmetic medicine

From the desk of KJD-MD

It certainly feels like summer.....

The gorgeous weather is here! I know you are all protecting your beautiful skin appropriately with broad-spectrum SPF's and hats while enjoying your favourite pastimes.....gardening, cottaging, golfing, and boating to name a few.

For those looking for a new and chic large-brimmed look while outdoors, a novel shade has been presented to me as a great option. Known as the **EQUIVISOR**, it was developed by an ingenious woman in California for the equestrian crowd to fit on helmets, and it has now morphed and is finding its way into the world of fashion. Prototypes of the hat/brim are available for your perusal in-office. Please drop in to have a 'peak'.

ZELTIQ COOLSCULPTING is still our favourite way to prepare for summer and the bathing suit season. Fitness and healthy diets are a part of the lives of most of us, but for those stubborn, hard-to-reach areas, there is nothing quite like a session or two with Dr. Dover and her sculpting hand-piece. There is still time to fit in a visit this month, as results will be noticeable by August.

As many of you know from first-hand experience, **KJD-MD** is now the proud home of the novel **ICON**, the most advanced laser system available. Developed by Palomar to address the growing aesthetic concerns of a demanding public, its power, speed and flexibility allow the **ICON** to provide the optimum treatment for a variety of skin issues. Here are its bragging rights:

- 1) The **ICON** is the only FDA-approved technology for stretch marks.
- 2) The **ICON** is stellar for all types of scars (post-surgical, acne and post-traumatic), and with the new **XD** and **XF** hand-pieces, the opportunities for

creativity in the therapeutic approach are endless. The same holds true for the treatment of the textural aspects of photoaging, such as mild to moderate wrinkling, crinkling, and surface irregularities.

3) The ICON is the gold-standard for rosacea and telangiectasia (those annoying vessels, often the result of sun exposure), with fewer treatment sessions and more effective results.

4) The ICON is remarkable for brown age/sun spots and other dyspigmentation.

5) Hair removal is now faster and more dramatic with the new larger handpiece.

6) At the April 2012 Annual Conference of the American Society of Laser Medicine and Surgery, the world leader in laser research and development, the ICON came out a winner!

Thermage CPT is a wonderful adjunct to the ICON for skin tightening, and with BOTOX and the RESTYLANE family of products, we feel that we have all the aesthetic bases covered. Not only are these working wonders on facial skin, many patients have found that arms, tummies and legs are responding well to the treatments.

VIVIER products seem to be more popular than ever, with the full spectrum of products available. Specials on the PLATINE kits, including the multi-peptide high-potency serum, the eye cream and the polypeptide cream with Retinol, will continue over the summer. For those cosmeceuticals aficionados who have taken the leap to introduce PLATINE into their skin care program, it has proven to be a spectacular line. VIVIERskin has truly outdone itself with these highly-finessed products.

RIVERSOL kits are now available for rosacea and anti-aging. For those of you who love the product line and wish to stock up on your favourites for summer, we will provide you with the RIVERSOL kit specials as long as quantities last.

On a final note, it is customary to inform you of planned office closures, as many of you have important dates over the summer for which you choose to look your best. To help you schedule accordingly, the following are our plans:

June 25-29 Dr. Dover will be absent for personal reasons while Judy will be holding down the fort and providing you with her ever-charming 'service with a smile'. Thanks Judy!

July 2-5 The office will be closed.

August 2-14 The office will be closed for by Dr. Dover's attendance at **CONTROVERSIES and CONVERSATIONS in LASER and COSMETIC SURGERY** in Banff, while Judy reacquaints herself with her cottage. Go JUDY!

The new KJD-MD website should be available for viewing 'any day now', with more-inclusive information, more before-and-afters, and more up-to-date details. We hope you enjoy the changes, although I have been assured that the flavour will remain the same, but with an even more modern and chic twist. Happy surfing!

The garden is calling, the birds are chirping, and the sun is setting, so I will leave you now to go and enjoy my little bit of heaven, with my very best wishes for a healthy, happy and laughter-filled summer.

Cheers for now, with our best personal regards,

KJD-MD (and JBD)