



Dr. Karen J. Dover, M.D.
laser & cosmetic medicine

From the desk of KJD-MD

It's finally here.... many of you have been asking for it for years, and it has, at long last, arrived!

It's a novel, non-surgical, skin-tightening technology, which addresses those universal aging issues;

- the hooding of the eyelids,
- the sagging, wrinkling, and creping of the facial, eyelid, and body skin,
- the general loss of contour, especially under the chin and of the lower face.

The procedure involves a single session per area of concern, with little to no down-time. It requires no avoidance of sun, before or after

treatment, and can be tolerated without the need of sedatives or anesthetics. A mild analgesic suffices for most.

Everyone can expect some collagen tightening with the procedure, and many patients have reported the following;

- 1) smoother, tighter skin with less sagging,
- 2) redefined contours, especially along the jaw line and under the chin,
- 3) softening of wrinkles and fine lines on the face, around the mouth, eyes and forehead, as well as various regions of the body
- 4) flatter, smoother skin on the tummy and love-handles, the legs and knees, and the buttocks and arms, with less crepiness and dimpling,
- 5) brighter looking eyes, reduced under-eye and eyelid sagging, creping, and wrinkling, with a softening of fine lines.

The treatment is the latest in the evolution of **thermage**, known as **CPT**, Comfort Pulse Technology. The recent **thermage** advancements are due to modifications made as a result of 700,000 world-wide treatment sessions, and significantly improve upon an established, skin-tightening modality. The newer **thermage** adds three benefits:

- 1) software-controlled pulsing of the energy, synchronized with automatic cooling, for improved efficacy and safety,
- 2) an integrated tip-frame for improved uniformity of the energy delivery,

3) a hand-piece which incorporates a selectable vibration mode; the new design mitigates pain sensation and improves patient comfort during the treatment session. **thermage CPT** has an enviable patient satisfaction rating in the mid-90% range.

The treatment is not a face-lift, nor is it appropriate for everyone, but it is likely quite suitable for many of you.

The effects continue to improve for about six months, and then can last for years, depending on the condition of your skin and your natural aging process. A treatment every 2-3 years is an ideal maintenance plan for the best long-term results.

As proud as we are of our latest addition, we will not be showing off the new 'baby' at an open house, as we recognize your appreciation of the private, discrete and personalized nature of the care we provide to all of our patients. At your convenience, we would be happy to speak to you over the phone, through e-mail, or in person, to explore the appropriateness of the **thermage CPT** procedures in meeting your aesthetic needs. Speaking on behalf of Judy, and from personal experience, the treatment is quite easily tolerated, and the results are rather marvellous....

I have included as e-mail attachments a few before-and-after photos of what you might expect with the skin-tightening procedure. I suspect

they will impress you as they have us. We welcome you to visit any time to learn more about the new thermage CPT techniques.

Here's hoping Spring and rejuvenation are here to stay,

Best regards,

KJD-MD