



Mother's Day is a time to treat and be treated....

Specials from KJD-MD to help pamper you and your loved ones include:

1) Anti-aging Kits from Vivier, six-piece ensembles centred around the unique C&E serum, specially priced at \$249, instead of \$389 individually. An inclusive

preventative and reparative system for most skin types.
Great for moms, daughters....and you!

2) Vivier Wrinkle Rescue kits, with an unprecedented \$118 savings, show-casing the brilliant peptide-rich CEKinerol, TMR for upper lip wrinkles, and the velvety Platine eye cream. \$239 instead of \$357, for Mother's Day exclusively

3) Vivier Redness Relief kits, designed specifically for rosacea and/or ultra-sensitive skin, again \$249 instead of \$349.

4) SeequínDS, our hydroquinone/vitamin C dream serum, used to keep pigmentation at a minimum, which will be paired with a complimentary sunscreen lotion spf30 or 45, your choice. Unique for the month of May, this represents more than a \$40 savings

VivierSkin have developed and produced the highest quality cosmeceuticals available, proudly Canadian, and priced for the season. Happy Mother's Day to all....

A summary of recent laser, cosmetic medicine and surgery events....

ASLMS, a 5-day intensive conference, the annual update in the laser and aesthetic device world, revealed continued progress and development. On the horizon is a new, suction-less CoolSculpting hand-piece. Only a handful exists world-wide, and I have been fortunate enough to be selected as one of the few recipients. It will be a large, accordion-styled applicator, used for large, flat areas, which evade traditional treatment. It remains to be seen the extent to which this will be helpful, though I can already envision many uses. I will be starting treatments in the next few weeks, as soon as Canadian Customs clears my newest sculpting tool.

Scar treatments are still a very hot topic. A paradigm shift in thinking has occurred, with the present belief being that any and every scar deserves rehabilitation. Previously, scar resection and/or revision have been

the standard practice, with horrid, deforming results at times. With the advent of newer lasers, and novel techniques developed by my colleagues in the US Navy, the philosophical and practical shift has been to **treating scars non-surgically**, and the appearance and function have improved dramatically. This encourages me to continue my practice of treating scars with my **fractional lasers**, the results of which continue to amaze me. **Re-pigmentation, smoothing and blending of the scars** are now possible. Similar results occur with post-surgical and post-traumatic scars, as well as stretch marks, both new and old. Patients no longer need to simply live with their **scars and striae**, as help is now available.

Thermage CPT, along with other aesthetic modalities, has the capacity to **pre-juvenate**, a **novel concept** which has recently been introduced. As opposed to waiting until the wrinkles, the sagging, and the discoloration appear, all of which are predictable, one can treat regularly to **prevent** these from occurring. It's an approach which maintains a **youthful, fresh**

appearance, and addresses these issues in a preventative manner. We have been using this with success over the past few years, much to the satisfaction of my patients.

The month of May is very full, as many treatments have already been scheduled. If you have plans to visit the clinic and have yet to arrange your appointment, please do so as soon as possible, as I will be out of the country from June 5th until the 22nd. I would hate for you to be disappointed.....

Women in Business and Finance Conference, at which I was an invited guest speaker, addressing the concept of 'Inner and Outer Beauty; the Aesthetic Duet', produced a fabulous video of the event.

Womeninbusinessconference.ca delivers you to the website, simply select the heading 'NEWS'.... happy viewing.

Incidentally, "Don't Quit Your Day Job", The Magnetic North Theater Festival fundraiser at the National Arts

Centre, in which I participated along with a cast of intrepid, celebrity non-performers, was a resounding success (please see **Ottawa Citizen photo below**). Thousands were raised, the entertainment was stellar, and I am proud to say, my integrity and honour are still intact. Pheww! **CoolSculpting** has never before been introduced to the public with such zaniness, unless the **Marx Brothers** included it in one of their skits. I have been asked to emcee the event next year, as well as perform another **improv skit**, so please forgive me if you find me trying out new material on you during your visits!! Anything to distract you from the procedures, I suppose...

I've never been busier, nor more productive, and I am happy to share my enthusiasm, joy, curiosity and creativity with you. May our collaboration continue.....

Cheers for now,

KJD-MD



Mia Dover-Terrettaz performs on stage with her mother, Dr. Karen Dover, at the Don't Quit Your Day Job 2 celebrity cabaret fundraiser held at the NAC Fourth Stage on Wednesday, April 23, 2014, in support of the Magnetic North Theatre Festival.

Photograph by: Caroline Phillips