

Happy New Year to all May you enjoy life fully, with compassion, joy, and endless curiosity.

It's been a retro winter so far, one reminiscent of decades past.

Opportunities abound to enjoy the outdoors, from snow-shoeing and X-C skiing, to late-night hot-tubbing under the light snow.

Even walks through this winter wonderland have a nostalgic look, as everything is so beautifully snow-covered.

This is also the true Canadian challenge of your skin care approach, which is certainly put to the test.

Our winter products allow for greater skin barrier protection, which is the hallmark of skin care in this season.

If you continue the prescribed triad of regular effective cleansing, treatment with our range of anti-oxidants, and protection with moisturizers and SPF, twice daily, you should be in great shape.

If you feel any of these steps is lacking, you know that assistance is only a phone call (or e-mail) away.

We have a very special treat for the New Year, one that has been in the works for all of 2012.....(drum roll...)

The new KJD-MD website has been launched.

It is now accessible from ALL devices, hand-held and stationary, Mac and Windows compatible, and with the trademark interactive animation for those with Adobe Flash Player capacity.

The full menu of the new KJD-MD services and skin care products is available for your perusal.

Please explore the updated site, as there are many novel changes that may peak your interest.

The calendar for 2013 is already filling quickly, with a series of workshops and conferences around the globe, as well as cherished activities closer to home. As always, we strive to accommodate our patients, first and foremost, so please keep in touch so that we may provide the service and care to which you are accustomed.

All the best to you and yours, for a healthy, hearty, and happy year ahead.

Cheers
KJD-MD and JBD