



JUNE AND BEYOND

As I script this note on the eve of my Birthday, I sense an air of anticipation, as June has become the month of such a flurry of activity. It's the month of celebration, of graduations and proms, of communions and confirmations, of weddings and showers, reunions and festivals, recitals, tournaments, fundraisers, even funerals, celebrating lives well lived. Out my window, Nature is in full force as gardens explode, the cows arrive in the fields, the birds entertain through song as they feed their young, and even the dandelions look like works of art, as the perfect halos glow in the late evening sun rays. It's a time of creativity on a large scale, a time to cherish life at its fullest....

As we approach the threshold to summer, without a doubt the shortest season in Ottawa, I encourage you to enjoy as much of it as you can, sun-safely of course. I know that we plan to celebrate frequently, as I can personally admit to being involved in at least one of each of the activities listed above. Added to the calendar are conferences, workshops, symposia and travel. So....without further ado, here's what's on the horizon at KJD-MD for the months to come....

The clinic will be opened June 2nd, 3rd and Wednesday, the 4th, as I am departing June 5th for Kashmir, a spectacular region on the Tibetan plateau, in the excellent company of photographers John Isaacs, former head of UN photography, and Jeremy Woodhouse of Pixelchrome. Judy will be in office throughout, to provide products and scheduling, and any support required. I will return to a full house on Tuesday, the 24th and Wednesday, the 25th. June 26th and 27th will be proud milestones, dates dedicated to two of my children, Mía and Sacha, who will be graduated, followed by Mía's not-to-be-missed pre-prom, prom, and post-prom! Those will certainly be moments worth capturing!

We will be closed Monday, June 30th and Tuesday, July 1st, for an extra-long weekend, to celebrate Canada's Birthday in proper form, then back Wednesday, July 2nd, 3rd and 4th.

We will be away July 7th-11th, as I will be heading to the coast of Maine for a master workshop in creativity, specifically through photographic printing with John Paul Caponigro, and annual leave will be on the slate for Judy. The office will be officially closed. The rest of July will be wide open for appointments.

Friday, August 1st marks the beginning of another break, for the Annual meeting, CONTROVERSIES AND CONVERSATIONS IN LASER AND COSMETIC MEDICINE AND SURGERY, which will take place in SUN VALLEY IDAHO, with a short pre-conference visit to Yellowstone National Park, while Judy will be enjoying cottage country at its best. The office will be closed starting August 1st, re-opening Tuesday August 12th, for the rest of the month.

I am hoping our schedule allows you ample time to fit in your treatments of choice at your convenience. I know that you will be enjoying life as avidly and fervently as we, but we must make certain to still find time for excellent skin care. Our hearts and souls may sing and soar in summer, but we can't ignore our precious skin.

Many of you request special products, which we are happy to custom order on your behalf. Please allow an extra buffer over the summer to insure that we can provide you with your favourites

in a timely fashion.

On that note, the birds are chirping energetically, the sun is contemplating rising, a rooster somewhere in the valley is proudly announcing the morn, if not himself, as I tuck into yet another blessed Birthday. What a fabulous way to welcome the day...

May you enjoy each and every day as if it were your very first....and your very last.

Cheers, and Happy June 1st!

KJD-MD